



## Taekwondo Korean Terminology

Counting		Commands
1 - Hana	10 - Yol	Charyut - Attention stance
2 - Dool	20 - Sumol	Kyung-nae - Bow
3 - Set	30 - Sareun	Joonbi - Ready stance
4 - Net	40 - Maheun	Shijak - Begin
5 - Dasot	50 - Shiin	Barro - Return (to previous stance)
6 - Yasot	60 - Yaseun	Shiyo - Rest, at ease
7- Ilgup	70 - Ilheun	Deyo Dorah - Turn around
8 - Yodel	80 - Yodun	Kihap - Yell
9 - Ahop	90 - Ahun	Chool-jeon - Enter
10 - Yol	100 - Baek	Tae-jahng - Exit

  

Techniques	Studio
Poomsae - Forms	Dojang - Studio
Kyorugi - Sparring	Dobak - Uniform
Kalyeo - Pause sparring	Kwanjangnim - Grandmaster
Keysok - Continue sparring	Sabumnim - Master
Kumon - End sparring	Kyobumnim - Instructor
Gamjeom - Deduction	Sonbaenim - Senior student
Chagi - Kick	Gup - Color belt rank
Jireugi - Punch	Dan - Black belt degree
Makki - Block	Poom - Junior black belt degree
Seogi - Stance	Kuki - Flags
Chigi - Strike	Kwan - School/Style

### Starting and Finishing Class

**"Face the flags. Charyut, kukki-aye kyung-nae."** - (at the start and end of class)

**"Face the master. Sabumnim-kay kyung-nae."** - (at the start and end of class)

**"Face the senior student. Sonbaenim-kay kyung-nae."** - (at the end of class)

### Courtesy

Anyoung Haseyo - Hello  
Anyoung Hashimnika - Formal hello

Kamsahamnida - Thank you  
Chonmaneyo - You're welcome