



The Five Black Belt Tenets of Taekwondo

Below are the core principles that every Taekwondo Black Belt should strive to demonstrate, not only in training, but in daily life. Every tenet should be recited loudly with an appropriate “sir” or “ma’am” at the end.

1. Be loyal to my country

2. Obey my parents

3. Have good relationships with my friends

4. Use good judgment before fighting

5. Never retreat in my life