



## Taekwondo Korean Terminology

### Counting

1 - Hana	10 - Yol
2 - Dool	20 - Sumol
3 - Set	30 - Sareun
4 - Net	40 - Maheun
5 - Dasot	50 - Shiin
6 - Yasot	60 - Yaseun
7- Ilgup	70 - Ilheun
8 - Yodel	80 - Yodun
9 - Ahop	90 - Ahun
10 - Yol	100 - Baek

### Commands

Charyut - Attention stance  
Kyung-nae - Bow  
Joonbi - Ready stance  
Shijak - Begin  
Barro - Return (to previous stance)  
Shiyo - Rest, at ease  
Anjoe - Sit  
Deyo Dorah - Turn around  
Kihap - Yell  
Pali Pali - Go faster

### Techniques

Poomsae - Forms  
Kyorugi - Sparring  
Kalyeo - Pause sparring  
Keysok - Continue sparring  
Kumon - End sparring  
Gamjeom - Deduction  
Chagi - Kick  
Jireugi - Punch  
Makki - Block  
Seogi - Stance  
Chigi - Strike

### Studio

Dojang - Studio  
Dobak - Uniform  
Kwanjangnim - Grandmaster  
Sabumnim - Master  
Kyobumnim - Instructor  
Sonbaenim - Senior student  
Gup - Color belt rank  
Dan - Black belt degree  
Poom - Junior black belt degree  
Kuki - Flags  
Kwan - School/Style

### Starting and Finishing Class

**"Face the flags. Charyut, kukki-aye kyung-nae."** - (at the start and end of class)

**"Face the master. Sabumnim-kay kyung-nae."** - (at the start and end of class)

**"Face the senior student. Sonbaenim-kay kyung-nae."** - (at the end of class)

### Courtesy

Anyoung Haseyo - Hello  
Anyoung Hashimnika - Formal hello

Kamsahamnida - Thank you  
Chonmaneyo - You're welcome